

**Tuning in to Kids shows  
you how to help your child  
develop emotional  
intelligence.**

***Children with higher  
emotional intelligence:***

- ◆ Have greater success with making friends.
- ◆ Have better concentration at school.
- ◆ Are more able to calm down when upset or angry.
- ◆ Tend to have fewer childhood illnesses.



**Emotional intelligence may  
be a better predictor of  
academic and career success  
than IQ!**

**CatholicCare**  
Diocese of Broken Bay

**Central Coast Family Centre**

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# Tuning in to Kids

Emotionally Intelligent Parenting

*A six session parenting program for  
parents of primary school children.*



**CatholicCare**  
Diocese of Broken Bay



***Would you like to learn how to:***

- ◆ Be better at talking with your child?
- ◆ Be better at understanding your child?
  - ◆ Help your child learn to manage their emotions?
- ◆ Help to prevent behaviour problems in your child?
- ◆ Teach your child to deal with conflict?

**Next program commences:**

Thursdays  
27th July 2017  
to  
31st August 2017

**Time**

9.00am cuppa  
9.15am start  
11.45am finish

**Cost**

Free

**Registration is Essential**

Call

Annette Holmes

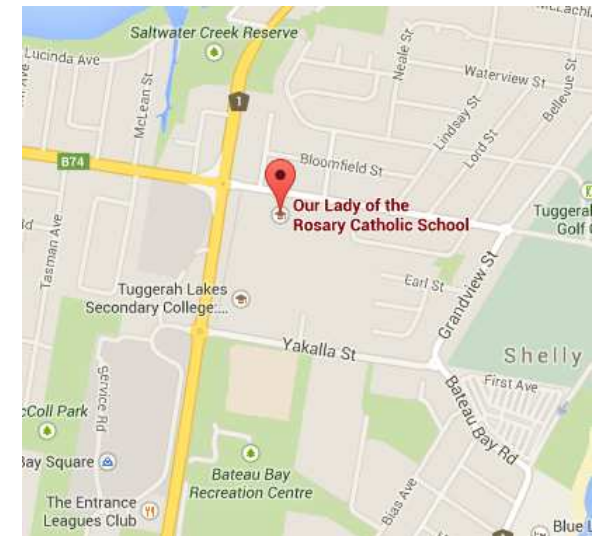
**4356 2600**

For information and registration

**Where?**

Our Lady of the Rosary  
Catholic School

Shelly Beach Road  
Shelly Beach



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Diocese of Broken Bay