



# St John Fisher Catholic School

HICKS LANE, TUMBI UMBI, N.S.W. 2261

PHONE (02) 4388 5800

FAX (02) 4389 8058

Email: mail@stjohnntumbi.dbb.catholic.edu.au

Dear Parents,

The Saint John Fisher Catholic School Athletics Carnival will be held on **Friday 22nd June 2018**, at the Mingara Athletics Field. The first event at the carnival will commence at **8:30a.m** – this being the **800m race**. Students competing in the 800m event should arrive at the complex **no later than 8:15a.m**. All other students should arrive at the venue **no later than 8:45 a.m**. for a 9:00 a.m. official start. The carnival will finish at around 2.00p.m. A message will be broadcast on the school website and through the school APP between 7:30am and 8:00a.m on the day if it is postponed due to wet weather. If this is the case, all students should attend school as normal.

**Please note:** Children travelling on the school bus will be dropped at school and then will walk to Mingara with a teacher. These children will not arrive at the athletics track until approximately 9:15am. (Please read the section marked 'Transport' on the permission slip).

It is important for all children to arrive at the track on time, as we will begin our warm up with a whole school march down the track in their house colours. This will be led by our Year Six leaders.

There is no charge for parents/spectators to enter the venue. All students are requested to return their permission note, to their class teacher by **Tuesday 19th June**. Children will need to bring their recess, lunch and plenty of water.

All students are to wear their school sports uniform for the carnival. If they wish, students may choose to wear a plain coloured T-shirt, in their house colour. Students should also wear appropriate footwear for an Athletics carnival. Each student must wear their school hat and is advised to apply a SPF 30+ sunscreen (plus bring some extra sunscreen to reapply during the day).

Students will compete in divisions according to the age that they have turned, or are turning, **this year**. For example, all students who turn six between 1.1.2018 and 31.12.2018 will compete in the 6 age group. *(Please note that the junior age division incorporates all 8, 9 and 10 year old competitors as one age group).*

- 70 metre sprints (5, 6 and 7 age groups) - compulsory
- 100 metre sprints (8, 9, 10, 11 and open age groups) - compulsory
- 200 metre race (8, 9, 10, 11 and open age groups) – compulsory
- 800 metre race (junior, 11 and open age groups) - children may choose to compete
- High Jump (junior, 11 and open age groups) - children may choose to compete
- A range of relays/novelty events (all age divisions). – compulsory
- Long Jump ( 8, 9, 10, 11 and open age groups)

To assist with administration on the day, students who wish to participate in the 800 metre race (aged 8 years and older) are asked to nominate themselves, on the accompanying permission slip, no later than **Tuesday 19th June**. Discus and shot put trials will be conducted at school during PE time with Mr Pobjie.

For students experienced in high jump we offer the event at the carnival as a means of selection for the Central Coast Combined Schools Athletic Carnival. For your child to compete in this event please complete the appropriate section on the permission slip.

The running of an event such as our school carnival relies on parent help to fill the many jobs on the day. Volunteers will be needed to help with timekeeping, place judging, long jump and high jump. If you are able to assist at the carnival, please indicate on the permission slip. **All offers of assistance will be appreciated.**

**1) PERMISSION NOTE:**

I give permission for \_\_\_\_\_ (print child's name) Class \_\_\_\_\_ to participate in the St John Fisher Catholic School Athletics Carnival at Mingara Athletics Field on Friday 22nd June, 2018.

Signed \_\_\_\_\_ (Parent/Guardian) Date \_\_\_\_\_

(Nb: To participate in competitive events, your child must be turning **8 years or over** this year).

**2) SPECIALISED EVENTS**

\_\_\_\_\_ (name) \_\_\_\_\_ (age this year) \_\_\_\_\_ (colour)

wishes to participate in the **800 metre race** at the Athletics Carnival (please tick box **only** if participating).

**Note:** children competing in this event will be required to be at the track no later than 8:15am.

\_\_\_\_\_ (name) \_\_\_\_\_ (age this year) \_\_\_\_\_ (colour) wishes to participate in **high jump** at the Athletics Carnival (please tick box **only** if participating).

**4) TRANSPORT:** Where possible, all students are to make their own way to and from the Athletics carnival.

Due to new legislation around free bus travel for students the Red Bus Company are unable to transport the children to destinations other than that specified on their bus pass. Therefore bus children will not be able to be dropped off at Mingara for the Athletics Carnival. It would be appreciated if you could take your child directly to the Mingara sports ground. However, if this is not possible they may catch the bus and teachers will walk the children down to Mingara. We may experience some difficulties with this as the last bus arrives at school sometimes as late as 9.00am. It is imperative that the carnival starts on time so that we can complete the program. Therefore children travelling to school on the bus and then walking down to the athletic track may miss their first race.

Only sign this section if your child is walking back to school

Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

Thanking you  
Michael Pobjie

**4) HELPERS:** (only need to fill out on oldest siblings form)

I am able to assist with: time keeper / long jump / high jump at the athletic carnival

Parent Name: \_\_\_\_\_ Childs Name \_\_\_\_\_ Class \_\_\_\_\_  
(Print)